

# Choose the Correct Choke for the Distance to the Target

This is the distance where different chokes typically deliver a 70% shot pattern in a 30 inch circle.

CYLINDER	20 yards
SKEET	22.5 yards
IMPROVED CYLINDER	25 yards
LIGHT MODIFIED	30 yards
MODIFIED	32.5 yards
IMPROVED MODIFIED	35 yards
LIGHT FULL	37.5 yards
FULL	40 yards
EXTRA FULL	45 yards

So if you expect to break the target when it is 35 yards away from you, which is typical for trap shooting from the 16 yard line, you would use a MODIFIED or IMPROVED MODIFIED choke to have the best pattern density to break the target.

